

Mariners Volleyball Club - Athlete Code of Conduct

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Mariners Volleyball Club is committed to providing every athlete with a positive, safe and rewarding volleyball experience. By agreeing to the rules outlined below, you commit to supporting and respecting your teammates, coaches, officials and volunteers. You also understand that playing on a Mariners Volleyball Club team requires dedication, accountability and a significant commitment of time and effort.

Expectations

As a member of Mariners Volleyball Club, I agree to:

1. Attendance & Commitment

- o Attend all training sessions, games, tournaments, and other club activities.
- To the best of my ability, engage with my team during injury or illness by attending practices, games and meetings for learning purposes.

2. **Dedication & Focus**

- Give my full attention and effort during all practices, competitions and team events.
- o Arrive prepared, on time and ready to contribute to my team.

3. Respect & Conduct

- Show respect to my teammates, coaches, opponents, officials, spectators and all club staff and volunteers.
- Represent Mariners Volleyball Club in a positive manner at all times, both on and off the court.

4. Health & Safety

 Report any injury or illness to my coach before participating in any training session or competition.

5. Communication

 Address concerns or complaints directly with my coach or assistant coach first, while following the 'Rule of Two' guidelines.

- If further resolution is needed, raise the matter privately with the Executive Director.
- Communicate respectfully and in an appropriate setting, away from other players, parents and spectators.

6. Policies & Guidelines

- Read, understand and abide by Mariners Volleyball Club's Social Media Policy and Travel Policy.
- Follow all Mariners Volleyball Club policies, as well as Volleyball BC's <u>Code of</u> <u>Conduct and Ethics</u>, during any Volleyball BC-sanctioned activity.

Disclosure:

All Mariners Volleyball Club athletes are expected to understand and adhere to this Athlete Code of Conduct at all times. While no physical signature is required, participation in any Mariners Volleyball Club program constitutes acceptance of, and agreement to comply with, the standards and expectations outlined in this policy. Failure to follow this Code of Conduct or any other club policy may result in disciplinary action, up to and including removal from the team or club.

Updated by the MVC Board of Directors: August 18, 2025