

# Mariners Volleyball Club Volleyball 2020 Skills and Competition Series Girls Entering Grade 8-9



These Fall programs will focus on the development of core skills and the age appropriate tactical strategies involved in Volleyball. Each program will also have a competition component.

*All sessions held at Aspengrove School.*

**Head Coaches:** Mariners Volleyball Club  
Technical Team

## Grade 8 Girls

Group #1 - Sundays 10:15am-11:45pm & Fridays 6:15-8:00pm. Starting September 20<sup>th</sup> and concluding November 13<sup>th</sup> (no session Nov. 6<sup>th</sup>). Cost - \$270 per athlete. Note - Sunday times may be adjusted for competition.

## Grade 9 Girls

Group #1 - Sundays 8:30am-10:00am & Wednesdays 6:15-7:55pm. Starting September 20<sup>th</sup> and concluding November 11<sup>th</sup>. Cost - \$285 per athlete. Note - Sunday times may be adjusted for competition.



*Mariners 16U Meghan – 2019 Provincial  
Champions Division 3*

**To register please go to: [Marinersvolleyballclub.ca](http://Marinersvolleyballclub.ca)**

Click the registration link on our homepage. For more information, email:  
[info@marinersvolleyballclub.ca](mailto:info@marinersvolleyballclub.ca)