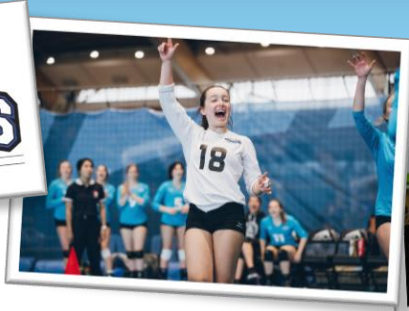


# Mariners Volleyball Club Volleyball 2020 Skills and Competition Series Boys and Girls Entering Grade 10-12



These Fall programs will focus on the development of core skills and the age appropriate tactical strategies involved in Volleyball. Each program will also have a competition component.

## Grade 10 Girls

Group #1 - Sundays 12-1:45pm & Mondays 6:15-7:55pm. Starting September 20<sup>th</sup> and concluding November 9<sup>th</sup>. Cost - \$285 per athlete. Note - Sunday times may be adjusted for competition.

Group #2 - Sundays 2:00-3:45pm & Mondays 8:05-9:45pm. Starting September 20<sup>th</sup> and concluding November 9<sup>th</sup>. Cost - \$285 per athlete. Note - Sunday times may be adjusted for competition.

## Grade 11 Girls

Group #1 - Sundays 6-7:45pm & Thursdays 6:15-7:55pm. Starting September 20<sup>th</sup> and concluding November 12<sup>th</sup> (no session Nov. 5<sup>th</sup>). Cost - \$270 per athlete. Note - Sunday times may be adjusted for competition.

## Grade 12 Girls

Group #1 - Sundays 8-9:45pm & Thursdays 8:05-9:45pm. Starting September 20<sup>th</sup> and concluding November 12<sup>th</sup> (no session Nov. 5<sup>th</sup>). Cost - \$270 per athlete. Note - Sunday times may be adjusted for competition.

Athletes participating in the Grade 10-12 girls program may be selected to participate in the MVC High Performance Grade 10-12 Program. This program will be on Tuesday nights starting October 6<sup>th</sup>.

*All sessions held at Aspengrove School.*

**Head Coaches: Mariners Volleyball Club  
Technical Team**

## Grade 10-12 Boys

Group #1 - Sundays 4:00-5:45pm & Wednesdays 8:05-9:45pm. Starting September 20<sup>th</sup> and concluding November 11<sup>th</sup>. Cost - \$285 per athlete.



*Mariners 16U Meghan – 2019 Provincial  
Champions Division 3*

**To register please go to: [Marinersvolleyballclub.ca](http://Marinersvolleyballclub.ca)**

Click the registration link on our homepage. For more information, email:  
[info@marinersvolleyballclub.ca](mailto:info@marinersvolleyballclub.ca)