

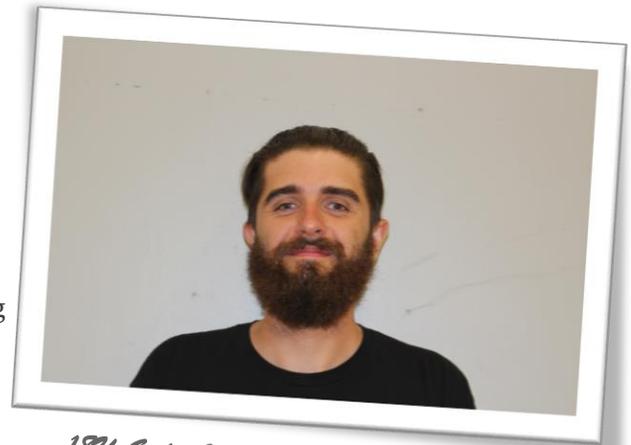


## 2019/20 Mariners Volleyball Club 16-18U Girls Head Coaches

The Mariners Volleyball Club is proud to announce the following head coaches for our 16-18U Girls programs. MVC coaches have years of varsity playing experience and coaching involvement at various levels. Our coaches meet or exceed required **Volleyball Canada Coaching Certification** standards.

### **18U Girls – Brett Synnott**

Brett's passion for volleyball started in grade 8 while living in Alberta. Brett's four years of varsity volleyball saw him playing at Lethbridge College in the ACAC and at Vancouver Island University in the PacWest. Post-varsity, his passion for volleyball is continuing through his dedication to coaching. Brett has been giving back to the Nanaimo community for the last two years by head coaching the boys program at NDSS and assistant coaching the U17/18 MVC Girls team in 2019. Brett's desire for continued excellence in coaching is evident through his commitment to working directly with our MVC Technical Director over the past years to deliver local quality youth programs. Brett will graduate this year with a degree in Sport Health and Kinesiology.



*18U Girls Coach Brett Synnott*

### **17U Girls – Shawn Owen**

Shawn played varsity volleyball for the Vikes at the University of Victoria. After post-graduate school, Shawn returned to Nanaimo and furthered his passion for the sport by coaching with the Mariner Men's program at Malaspina University. During Shawn's professional time as a teacher in this district, he was able to build the Woodlands Eagles Boys program to top provincial level standards. Shawn also guided the Dover Bay Dolphins Sr. Boys team to a Bronze medals at AAA Provincial Championships. Shawn's recent multisport coaching history in both Nanaimo youth soccer and volleyball allows him to draw on his coaching excellence to develop the complete athlete.



*17U Girls Coach Shawn Owen*

## 17/18U Girls – Victoria Behie

Homegrown, Victoria Behie, played her decorated high school career at NDSS. As captain, she led the Nanaimo District Islanders Sr Girls Volleyball Team to Nanaimo's only Gold High School Provincial title. In that same year, Victoria was named Provincial MVP and recruited by UBC. As a varsity player, Victoria helped the UBC Thunderbirds win two National Championships and one National Bronze. Victoria completed her final season as team captain owing to her incredible leadership and athletic abilities. While playing varsity, she also extended her competent leadership style into coaching endeavors within UBC and Vancouver Youth Volleyball programs. Post-varsity, Victoria is focusing her continued love for volleyball by coaching locally. She has worked both with Volleyball BC youth and High Performance programs.



*17/18U Girls Coach Victoria Behie*



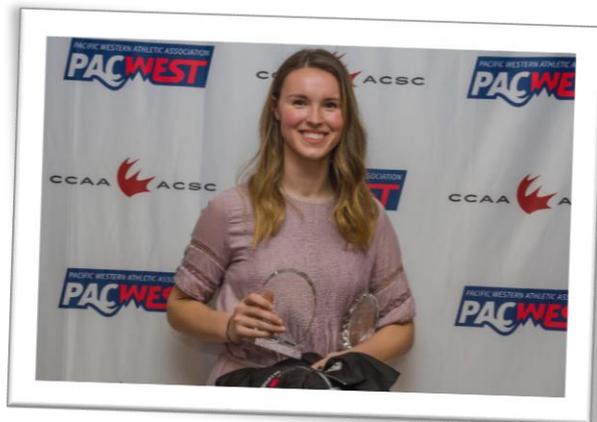
*16U Girls Coach Ryan Orton*

## 16U Girls – Ryan Orton

Ryan's varsity career was played as a Mariner at Malaspina College and as a Vike at the University of Victoria. Post-varsity, Ryan has spent decades coaching both club (Nanaimo Volleyball Club, FJC Falcons and MVC), academy and high school programs within Nanaimo. During his professional time as a teacher, Ryan guided the Sr. Girls Eagles at Woodlands Secondary to an exceptional 14 straight Provincial Championship appearances, earning 2 medals in this span and led the NDSS Sr. Girls team to an Island Championship Gold in 2018. During this formidable tenure, Ryan has helped develop many post-secondary volleyball athletes, some of who are actively playing varsity presently.

## 16U Girls – Megan Rosenlund

Megan's prestigious varsity volleyball career took place at Vancouver Island University, during which time the Mariners claimed 3 Provincial titles and a CCAA National Gold. In 2017, Megan was named National CCAA Volleyball Athlete of the Year, both VIU and Port Coquitlam Athlete of the Year and the Female College Athlete of the year for Sport BC. Post-varsity, Megan played professionally overseas in Denmark for Brøndby VC. Here she continued to foster her coaching excellence on a daily basis, by developing youth athletes at the Denmark Talent Centre. In returning to Nanaimo, Megan has brought with her a wealth of leadership, professionalism and athleticism to share with her NDSS grade 9 girls team and MVC girls youth teams.



*16U Girls Coach Megan Rosenlund*

## Athlete and Coach Technical Support

The Mariner Volleyball Club is consistently looking for ways to help support both coach and athlete development. Rick Bevis has been named the 2019/20 Mariners Volleyball Club Technical Director. Throughout the year, Rick will be working with individual athletes within the 16-18U Girls program and will be working with each coach to ensure athlete development is at the forefront of training.