



2019/20 Mariners Volleyball Club 14-15U Girls Head Coaches

The Mariners Volleyball Club is proud to announce the following head coaches for the 14-15U Girls age groups. All of our coaches have years of playing and coaching experience at various levels and each meet or exceed the required Coaching Certification level require by Volleyball Canada.

15U Girls – Alicia Wynia

Alicia came to Nanaimo after finishing her playing days in the Okanagan. Since this time, she has been active in the volleyball community in a variety of areas. As an assistant coach with the VIU Women's Mariners Volleyball Team in 2010-11, she helped guide the powerhouse team to a PACWEST Gold and National Silver. In 2019, Alicia worked alongside Volleyball BC's Director of Coach Development to deliver training to the 15UGirls Team BC Island Program. She has been coaching at Dover HS over the last few years, within the MVC club system and has delivered youth and high performance programs for Volleyball BC.



15U Girls Coach Alicia Wynia



15U Girls Coach Chris Densmore

15U Girls – Chris Densmore

Chris is joining us for his first MVC season in 2019-20 and brings with him a wealth of experience. With his 8 year tenure as CEO of Volleyball BC concluding this past summer, Chris is continuing to fulfill his passion for volleyball development through coaching. In garnering 25 years of coaching experience, Chris' extraordinary leadership abilities have lead him from assistant coaching the UBC Men's Thunderbirds Volleyball team to winning 3 provincial championships, 1 National Silver and 1 National Bronze as head coach of the VIU/Malaspina Mariners Men's Volleyball team.

Athlete and Coach Technical Support

The Mariner Volleyball Club is consistently looking for ways to help support both coach and athlete development. Rick Bevis has been named the 2019/20 Mariners Volleyball Club Technical Director. Throughout the year, Rick will be working with each team in the 14-15U Girls age group. Rick will also be working with each coach to ensure athlete development is at the forefront of training.

15U Girls – Laura Greene

A six year Mariners VC Alumni and recipient of an MVC Academic Scholarship, Laura continued her volleyball career post-secondary with the Douglas College Royals. During this time, the Royals won PacWest Gold and a National Silver. Laura finished her volleyball pursuits as a Charger at Camosun College and during this time, broadened her passion for volleyball through coaching with Momentum Volleyball Club. Now finding herself back in her hometown of Nanaimo, Laura is eager to share her knowledge, experience and love of the sport with local youth.



15U Girls Coach Laura Greene



14U Girls Coach Elise Keeping

14U Girls – Elise Keeping

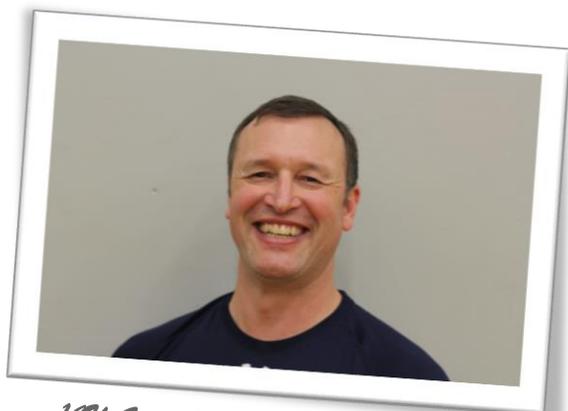
Another Mariners Club alumni, Elise was also a high performance athlete with Team BC Volleyball during her high school career. In 2015, as a player, Elise helped lead the Ladysmith 49ers to their first Provincial Championship medal, winning the Silver medal. Since this time, Elise has devoted endless hours giving back to the sport through coaching, most recently leading the John Barsby Sr. Girls Volleyball team to their first Provincial Championship in 2018. Over the past few years, she has worked eagerly with Volleyball BC Regional Coaching staff to deliver youth programs to Nanaimo athletes.

14U Girls – Tony Dendes

Tony has been coaching volleyball within the Nanaimo community for the past 34 years. During his professional time as a teacher, Tony has coached grades 6 to 12. Tony's knowledge of the sport from grassroots to advanced levels is evident in his full certification as an Advanced Development Coach and attainment of his Level 3 NCCS Coaching Theory. Tony has also been extremely active with Volleyball BC in delivering local youth volleyball programs.



14U Girls Coach Tony Dendes (no Photo Available)



14U Girls Coach Roger Beck

14U Girls – Roger Beck

Roger played high performance volleyball for Team BC throughout his high school career and later, post-secondary, for the Selkirk College Saints. Over the past decade, Roger has continued to share his passion for volleyball via coaching in Nanaimo. He has coached locally within the school community for grades 8-12, leading Dover Junior girls to BC Provincial Championships. Since being involved with the Mariners Volleyball Club since inception, Roger has been instrumental in providing positive, sporting culture and in 2016, his 17U Girls MVC club team captured a Provincial Gold Medal.